

Date: February 17, 2012

Topic: Lord of the Sabbath

Aim: To explain how the Sabbath reflects God as Creator and Redeemer.

Know: Jesus is Lord of the Sabbath

Feel: Appreciate the sacredness of time made holy by God

Action: Seek to be kind to others on the Sabbath while keeping the Sabbath Holy.

Introduction

When we learn to understand and appreciate the Sabbath more fully in the way that God intended, we will grow in our enjoyment of this day of “delight,” have something special to share with others in our community, and gain a greater insight into the kind of relationship that God wants to grow with us (*Adult Teachers Bible Study Guide p. 85*).

Statement: God power over time and space

Read: Genesis 2: 1-3

Meditate: Vertical relationship

Question: What does God absolute control of time tell you about Him?

Share in twos: Horizontal relationship

Application: How can you control how you **use** time?

Statement: The Sabbath reflects the creative and redemptive ministries of Jesus.

Read: Deuteronomy 5: 12-15

Meditate: Vertical relationship

Question: How are these verses different from Exodus 20: 8-11?

Share in twos: Horizontal relationship

Application: How has the Sabbath been a blessing to you in your local church?

Statement: The Sabbath is a day to show kindness to others

Read: Luke 13: 10-16, Matthew 12: 1-13

Meditate: Vertical relationship

Question: Why does preservation of life supersede the keeping of the law?

Share in twos: Horizontal relationship

Application: Is it possible to keep the Sabbath without manifestation of mercy to others?

Statement: In life and in death Jesus showed the validity of the Sabbath

Read: Matthew 27:57; 28:1

Meditate: Vertical relationship

Question: How has Jesus honored the Sabbath at creation and redemption?

Share openly with your teacher

Application: How would you help a friend to honor God by keeping the Sabbath?

Summary points:

1. God power over time and space
2. The Sabbath reflects the creative and redemptive ministries of Jesus.
3. The Sabbath is a day to show kindness to others
4. In life and in death Jesus showed the validity of the Sabbath